

# HAWAH KASAT

*author, yogi,  
educator, and  
non-profit  
leader*

[www.hawah.us](http://www.hawah.us)





## about



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Hawah is an author, educator, yogi, and nonprofit leader. He has authored four books (including "The Poetry of Yoga" anthology containing 300+ poets from 19 countries), released two music albums, and produced three documentary films (including the award winning "Fly By Light"). Hawah is co-founder and executive director of One Common Unity, an organization that supports a movement for peace education and the building of a non-violent culture through music and art.

Hawah has dedicated his life to teaching about solutions to violence and ways to peace, and has traveled to over 30 countries to facilitate workshops and dialogues. In the past, he held a fellowship with the Robert F. Kennedy Memorial Foundation and worked as special representative to the United Nations and the World Conference Against Racism. He also directed the Peaceable Schools Program in D.C.'s largest public high school. He holds degrees in Education and Psychology from the American University, is a certified yoga instructor trained in Sivananda and Jivamukti Yoga Schools and has a third certificate from The Center for Mind Body Medicine.

Over the years, Hawah has regularly featured as a speaker, performer and workshop presenter for groups, such as People to People International, the Congressional Youth Leadership Council, and the Children's Defense Fund Freedom Schools. He has made appearances on BBC, Fox News, CNN, XM National Satellite Radio, and the Pacifica Radio Network. He has also been a guest speaker at places such as Yale University, George Washington University, U.C.L.A., University of Colorado, Rollins College, University of Maryland, Georgetown University, and Brown University.

## contact



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## follow

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# speaking topics

## The Politics of Compassion

Global political, economic, and social systems emphasize competition instead of cooperation. Consumerism, greed and selfishness have laid waste to the rain forests and oceans. Being compassionate is reserved as moral high ground for the oppressed and downtrodden. As wealth disparity increases around the world, why do so many in power fear sharing, caring, and equality? How does the mentality of scarcity affect our day to day interactions and why are we living in a world of Politics without Compassion?



## The Future of Education

The role of schools and education in shaping culture and our future is undeniable. But where did the idea of systematized education begin and where is it leading us? With the efforts and focus on standardized testing, what is being lost and neglected? How can education become a bridge to a sustainable future and a new peace between individuals and nations on Earth? In this talk we will explore the historical roots of education and a bold vision and trajectory for what and how education for the 22nd century and beyond must look like. How shall we merge the pillars of mindfulness, social justice, and the arts into a mainstream vision that creates real alternatives that engage all beings at the various intersections of intelligence.

## Fly By Light: How High Can You Rise?

An award-winning film about a new pilot after-school program quickly put One Common Unity on the map. But this didn't start yesterday. For 16 years this non-profit was teaching compassion and mindfulness through the arts. Journey into the incredible birth and trajectory of "Fly By Light" through the eyes of the co-founder. If you've ever wondered about the infinite possibilities and simultaneous limitations of a grassroots organization, then come to this important talk that will break down the cycles of growth and dependency and how with lean resources you can still fuel a movement.



Book Hawah for your next event by visiting [hawah.be/booking](http://hawah.be/booking) or email [monica@mojoleustudio.com](mailto:monica@mojoleustudio.com).





## praise

"A thoughtful & intelligent force who fills a void that is too often left unfilled. HawaH's dedication to his craft of healing and teaching peace is impeccable. His presence commands calmness and serenity. He has been an inspiration to thousands here at Bus Boys and Poets."

—Andy Shallal, Founder and Owner, Bus Boys and Poets

"I wanted to let you know that everyone who was in the workshop you did during the National Young Leaders Conference came out literally stunned by the power of your words and your ability to connect with us. It was by far the most rewarding experience I had on the trip."

—Andrew Karter, Student, National Young Leaders Conference

"HAWAH, thank you for the tireless and selfless work you do to empower young people and promote consciousness."

—Dr. Jeanne Middleton Hairston, National Director, Children's Defense Fund Freedom Schools

"I won't forget you. We met last year in India... Your work, call it art or truth, is an inspiration to the core of my being - Thank you endlessly for your inspiration."

—Ramin, Switzerland

"I just wanted to let you know that your yoga lessons have helped me to relax, your art project helped me to express myself, and your speech helped change the way I think. I thank you for everything. You have been such an inspiration to my life."

—Barron Biros, Argentina

"Thank you for always including me in your wonderful messages. I respect and admire you more than you will ever know. It's hard to believe we only spent a few short days together at a conference, but your passion for peace has touched my soul forever."

—Barbara Capozzi, Board of Directors, People to People International

"HAWAH has been a great inspiration to the diversity of students at our school. His teachings and commitment have molded our Peace Program and provided an opportunity for our students to realize their responsibility to one another and the planet. "

—Dr. Stephen Tarason, Former Principal, Woodrow Wilson Senior High School